

Stirs the Soul Espresso Bar

INGREDIENTS: Stoneground Cacao Beans,
Cacao Butter, Palm Sugar, Espresso Beans.

01/09/2012

Nutrition Facts	
Serving Size 1 bar (28g)	
Servings Per Container 1	
Amount Per Serving	
Calories 160	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 7g	35%
Sodium 0mg	0%
Total Carbohydrate 10g	3%
Dietary Fiber 4g	16%
Sugars 5g	
Protein 3g	
Not a significant source of trans fat, cholesterol	
*Percent Daily Values are based on a 2,000 calorie diet.	