

Stirs the Soul Cayenne Cinnamon Bar

INGREDIENTS: Stoneground Cacao Beans,  
Cacao Butter, Dates, Cayenne, Cinnamon.

01/09/2012

<b>Nutrition Facts</b>	
Serving Size 1 bar (28g)	
Servings Per Container 1	
<b>Amount Per Serving</b>	
<b>Calories</b> 160	<b>Calories from Fat</b> 120
% Daily Value*	
<b>Total Fat</b> 13g	<b>20%</b>
Saturated Fat 8g	<b>40%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 9g	<b>3%</b>
Dietary Fiber 5g	<b>20%</b>
Sugars 5g	
<b>Protein</b> 3g	
<b>Iron</b> 4%	
Not a significant source of trans fat, cholesterol, vitamin A, vitamin C and calcium.	
*Percent Daily Values are based on a 2,000 calorie diet.	