

Stirs the Soul Banana Fig Currant

INGREDIENTS: Cacao Beans, Bananas,  
Dried Figs, Currants, Cacao Butter, Dates.

01/10/2012

<b>Nutrition Facts</b>	
Serving Size 1 ounce (28g)	
Servings Per Container 2	
<b>Amount Per Serving</b>	
<b>Calories</b> 120	Calories from Fat 70
<b>% Daily Value*</b>	
<b>Total Fat</b> 8g	<b>12%</b>
Saturated Fat 5g	<b>25%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 3g	<b>12%</b>
Sugars 7g	
<b>Protein</b> 2g	
Vitamin C 4%	• Iron 4%
Not a significant source of trans fat, cholesterol, vitamin A and calcium.	
*Percent Daily Values are based on a 2,000 calorie diet.	